



# WORK AT HEIGHT (Essentials)



APL Training are the North West's premier training provider, situated between Manchester and Liverpool we are ideally placed to cater for all aspects of training. Above all else we recognise that there are three vital elements that impact on how candidates absorb course information.

**The training environment**  
**The right trainers**  
**The correct equipment**



This course is aimed at personnel who as part of their operational duties, must carry out or supervise any projects when working at height. This course would suit managers, charge hands and supervisors who also manage any work that would involve working at height.

Attendees should complete the service with an understanding of the necessary control measures required for safe working at heights, and with the ability to assess and suitably deal with the risks arising when working at height.

Managers and supervisors will be able to assess whether their work force are working at height safely and in harmony with current safe working practices.

- ✓ Review of current legislation and regulations
- ✓ Hazard and control measures to prevent both personnel and materials from falling
- ✓ Working on fragile services
- ✓ Fall arrest/restraint equipment
- ✓ Access
- ✓ Egress
- ✓ Weather conditions

GIVING YOU THE RIGHT TRAINING  
FOR THE RIGHT JOB...  
TO BOOK YOUR TRAINING CALL  
**01942 262993**

## HALF DAY CLASSROOM BASED COURSE

FOR FURTHER INFORMATION OR TO BOOK YOUR TRAINING  
CALL US ON 01942 262993 OR EMAIL US ON [info@apltraining.co.uk](mailto:info@apltraining.co.uk)