



MANUAL HANDLING

APL Training are the North West's premier training provider, situated between Manchester and Liverpool we are ideally placed to cater for all aspects of training. Above all else we recognise that there are three vital elements that impact on how candidates absorb course information.

GIVING YOU THE RIGHT TRAINING
FOR THE RIGHT JOB...
TO BOOK YOUR TRAINING CALL
01942 262993

The training environment
The right trainers
The correct equipment



HALF DAY COURSE

Training for any person(s) who has to train and /or assess those who are involved in manual handling in the workplace, including operatives, managers and supervisors.

- ✓ A thorough understanding of how to minimise risk of injury to yourself and others by increasing awareness of potential manual handling hazards in the workplace and their outcomes
- ✓ The legislation and manual handling regulations that relate to lifting in the workplace
- ✓ The financial impact on industry caused by injuries from poor manual handling
- ✓ How to carry out manual handling techniques in a safe and efficient manner



FOR FURTHER INFORMATION OR TO BOOK YOUR TRAINING
CALL US ON 01942 262993 OR EMAIL US ON info@apltraining.co.uk